

Arlington Public Schools

"Providing the means to accomplish dreams"

Supportive Information Sheet

SUBJECT: WESTON HIGH SCHOOL WEIGHT EQUIPMENT DONATION

Action

Page(s): Cover Only

Submitted by: Maurene Stanton, Principal

Date: February 23, 2009

Background Information:

Weston High School has been using Wii Sport, various activities in the commons, and the school grounds for Physical Education classes. In the past we have used the Stillaguamish Athletic Club for class, however, increased class size has precluded this option. Recently, the Arlington Fire Department has offered to donate four pieces of its Nautilus Fitness Equipment to Weston.

Administrative Consideration:

The weight plates are all self-enclosed, thus minimizing the chance of injury to students. In addition, the equipment will be placed in the old Freshman Academy Science Room, so the equipment will be inaccessible to students during the day unless they are supervised by the PE teacher and to any evening groups such as Everett Community College. Risk management has reviewed and the equipment meets specifications.

Superintendent's Recommendation:

That the Board approves the donation of weight equipment from the Arlington Fire Department to be used for Weston High School Physical Education classes.